#### The ALS Center at the George Washington University Medical Center

2150 Pennsylvania Avenue, NW, 7<sup>th</sup> Floor, Washington, DC 20037 202-741-2700

# **TOTAL CARE APPROACH**

## A Picture of ALS

Amyotrophic lateral sclerosis, also known as ALS or Lou Gehrig's disease, is the most common motor neuron disease among adults. It is estimated that more than 30,000 people in the United States have ALS, with 5,000 people newly diagnosed each year. Its cause is unknown and as yet there is no cure, but recent advances in research and improved medical care enable many ALS patients to live longer — and better — lives. Persons with ALS (PALS) experience a wide range of complex symptoms, so the best care requires a coordinated approach by many highly skilled specialists.

### How the ALS Center Can Make a Difference

For families across the country who live with ALS, clinical centers certified by The ALS Association set the national standard for care. The ALS Association's ALS Centers of Excellence, made possible through partnerships with leading institutions across the country, offer state-of-the-art services in a supportive, family oriented atmosphere. Because ALS Centers coordinate the best of care from many healthcare specialties, PALS families can find renewed hope and a better quality of life. The ALS Center at The George Washington University Medical Center provides this kind of comprehensive care to ALS patients throughout the Washington, DC region.

#### **Expert Care**

Prior to attending clinic, patients first meet with the Center's neurologist and pulmonologist, then begin clinic sessions with other professionals according to their specific needs. In a single appointment, patients have access to any or all of the Center's skilled professionals. See list to the right.

#### **Making an Appointment**

Any patient with a confirmed diagnosis of ALS is welcome at the GWU ALS Center. You do not need a referral from your personal physician unless your insurance carrier requires it. The map in this brochure will help you locate the Center and convenient parking. Currently, clinic visits are scheduled on Fridays from 11:00 a.m. until 3:00 p.m. Please call the Neurology Department at 202-741-2700 to schedule your appointment. For more information about the GWU ALS Center, visit www.gwdocs.com/services/ ALSAssociationCertifiedALSCenter.html

PALS and their families will find that most health insurance plans, as well as Medicare and Medicaid coverage, is accepted at the ALS Center. GWU Medical Faculty Associates handles claims and billing; ask about insurance reimbursement and payment when you call for your appointment.



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Medical Faculty Associates, Washington DC

A partnership with The ALS Association – DC/MD/VA Chapter

#### Our Distinguished Medical Staff

Neurologist: Elham Bayat, MD Pulmonologist: Susan Hasselquist, MD Nurse: Guinevere Que, CNP, MSN Physical Therapist: Carla Vertudes, PT Occupational Therapist: Kay Neseem, OT Speech Therapist: Mona Faddah, MEd, CCC-SLP Dietitian: Lindsay Stander, RD, LD Research Coordinator: Angela Kelly

...working with the ALS Association Chapter staff members... Patient & Family Services Clinical Director:

Robin Swope, LCSW

Patient & Family Services Coordinator – Northern VA/DC: Ellen D. Cochrane

**Directions:** The George Washington University ALS Center is located in the Medical Faculty Associate's building at Washington Circle. Garage Parking is available below the Ambulatory Care Center, I Street and 22nd Street, or in the Visitor's Parking Garage across I Street.





DC/MD/VA Chapter | Serving persons with ALS (PALS) throughout the region since 1991. www.ALSinfo.org | 301-978-9855 or 1-866-348-3257